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HOW TO TREAT...

BITES AND STINGS

There are two main homeopathic medicines to consider for bites and stings

Ledum: Use Ledum for any insect bite or sting and it can be given after an animal bite to help prevent sepsis. Especially good for mosquito bites.

The sting is better for cold applications and the wound may feel cold to the touch. The pains may be pricking and stinging and there may be redness and inflammation. Give Ledum 30 every hour for 3 hours and then 3X day until symptoms subside.

Apis: Use this medicine in 30th or 200th potency if there is considerable swelling, heat, tension and redness. Heat will make the pain worse and the sting will be better for cold applications. If the patient is known to be allergic to bee stings get help immediately, then use Apis 30 or 200 every 10 minutes in conjunction with their medication while waiting for medical assistance.

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Other Things you can do:

Gently remove any stings left behind with tweezers

Bathe the site with calendula tincture and apply a cold compress to ease the pain.

- Wasp stings: bathe with diluted vinegar or lemon juice
- Bee stings: bathe with solution of bicarbonate of soda

Warning:

If the sting occurs in the mouth or the patient appears to have swelling around the mouth then seek immediate medical advice.